

## School-Wide News

### Picture Days

Picture Days are scheduled on April 1, Students are required to wear their formal uniforms. On these days, your child will participate in the school group photo, classroom/advisory group photos, and individual student photos. Photos taken on this day will be used in the Yearbook.

### 6th YHIS/YIA Creative Writing Contest

Please refer to the detailed schedule of the Creative Writing Contest this Saturday. During the contest, students who finish early will be allowed to leave every 30 minutes and directed to the 3rd floor collaboration area.

Time	Program	Venue
8:30-9:00	Registration	1st floor café
9:00-9:10	Icebreaking activities	4th floor auditorium
9:10-9:45	Workshop	4th floor auditorium
9:45-10:00	Break	4th floor auditorium
10:00-12:00	Writing Contest	4th floor auditorium

### Invitation to the University of Auckland Online Information Session

Founded in 1883, the University of Auckland is New Zealand's top-ranked and largest comprehensive research university. It is also the only university in the country that consistently ranks among the top 100 in the QS World University Rankings.

We have invited the University of Auckland admissions officer to join us online at 7:30 PM on Wednesday, March 25, to provide an in-depth know of the latest admissions policies, standout programs, and application requirements.

Join us via Tencent Meeting: 745-516-2845

Parents and students who are interested are warmly welcomed to join us on time and engage in direct conversation with the admissions officer!

## March Parent College Information Session

As we step into March, summer break is just over two months away! Have you started thinking about how to help your child spend their vacation in a meaningful and fulfilling way?

Planning ahead is key to making the most of this prime time for your child's development. That's why we have organized this special Parent Information Session to address your questions and provide valuable insights.

### 📅 Session Highlights

- Summer planning tips tailored for children of different ages
- Introduction to diverse summer activity options

### 🕒 Time

2:30 PM, Friday, March 20

Location Options: Join us online via Tencent Meeting (745-516-2845) or on campus

Interested parents are welcome to sign up at:

<https://www.wenjuan.com/s/aqyMVnc/#> (Registration for the March Parent College Information Session) – Join us now!

## Middle School & High School Science Fairs

The High School Science Fair is scheduled for Tuesday, March 24. The Middle School Science Fair is scheduled for Thursday, April 2. Both events will take place in the 4th-floor auditorium from 1:00-3:20 pm.

## LifePlus Fine Arts Festival

The 2026 Fine Arts Festival will be held from March 19-22 at Tianjin International School. Selected high school students will attend and participate in various fine arts workshops for choir, band, drama, or visual art. We look forward to celebrating the arts!

## Senior Departure Seminar

The YHIS seniors will be participating in the annual Senior Departure Seminar on March 26-28. This seminar is a chance for the seniors to process their school career, learn life skills, and prepare for the transition to university. The seminar will be held in Wuhan, and the seniors from all LifePlus schools in China will participate. The end of the school year is in sight—let's support the seniors as they prepare for what's next!

## Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Korean/ Western	Multigrain Rice*/ Garlic rice, Black Bean Dish, Tomato Sauce Meatballs*^, Pickles, Apple Cabbage Salad^	Chicken Soup*, Multigrain Rice*, Tuna Kimchi Pancake*#, Braised Potato* Silken Tofu*, Cream Puffs**&	Miso Soup#*, Spam Tuna Mayo Rice#^*, Stir-fried Broccoli + Mushroom*, Yakult&	Garlic rice, Mashed potato*&, Tomato&Vegi Beef dish, Chicken steak, Yogurt&	Rose sauce Tteokbokki*#&^ Stir-fried Beef Rice* Fried Shrimp*#^ Candied Sweet Potatoes* Juice

March 19th, 2026

Chinese/ Western	Multigrain Rice, Pork Chop Burger* <sup>&amp;^</sup> , <b>Braised Spare Ribs with Sour Cabbage*</b> , Stir-fried Broccoli and Cauliflower*, Cornmeal Porridge, Stir-fried Potato, Green Pepper and Eggplant* <sup>#</sup>	Multigrain Rice, Cream Pasta <sup>&amp;*</sup> , Poached Beef Slices <sup>#*</sup> , Stir-fried Tomatoes with Eggs <sup>**</sup> Millet Congee Colorful Corn Kernels <sup>*</sup>	Multigrain Rice, Braised Pork Ribs*, Beef Rice Ball*, Stir-fired Mushroom with Broccoli*, Tomato and Egg Soup <sup>^*</sup> , Stir-fried Tofu Rolls with Bell Peppers <sup>#*</sup>	Multigrain Rice, Braised Pork with Quail Eggs*, Salt and Pepper Pork T-Bone Chops*, Stir-fried Celery with Tofu Skin*, Minced Garlic Bok Choy <sup>*</sup>	Multigrain Rice, Grilled Chicken Leg Meat*, Stewed Beef Brisket, Stir-fried Vegetables*, Seaweed Egg Soup <sup>#**^</sup> Stir-fried Shredded Potatoes <sup>*</sup>
	Fruit	Seasonal Fruits			

**Allergies:**  
 \*If a served      \*Wheat      #Seafood      &Dairy      ^Eggs      @Nuts      salad is with a  
 specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.